All About Me

<u>Knowledge</u>		
To know and talk about what family		
means.		
To know what it means to be our own		
person.		
To know how to regulate our feelings.		
To know about our basic needs and		
care.		
To learn about each other in the class.		
To recognise similarities with other		
people.		

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<u>Key v</u>	<u>/ocabulary</u> 	
Independence	Being able to think and act for themselves.	
Hygiene	. Maintaining health and preventing illness through being clean.	
Healthy	Being in a good physical condition.	
·	Having someone that	
Positive	they can rely on and	
Attachments	trust.	
Friendships	Creating and	
	maintaining a bond	
	between two people.	
There are a range of other key		

There are a range of other key vocabulary, but these are the ones we will be focusing on.

<u>Key Roles</u>		
Grandparent	A parent of a child's father or mother; a grandmother or grandfather	
Mother	A woman in relation to her child or children.	
Father	A man in relation to his child or children.	
Sibling	Each of two or more children having one or both parents the same.	
Cousin	A child of an aunt or uncle	

There are a range of other people in our family, but these are the main family members we will be looking at.

Please see below some of the Key Texts we are going to be looking at this half term:





